

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Clopidogrel pada pasien infark miokard akut rawat inap di Rumkital Dr. Ramelan Surabaya periode Januari 2017 sampai Desember 2017 diperoleh kesimpulan sebagai berikut :

1. Dari 30 pasien dengan terapi clopidogrel tidak terdapat penggunaan tunggal antiplatelet semuanya adalah kombinasi 2 antiplatelet, kombinasi terbanyak clopidogrel (1x75mg) po + aspirin (1x80mg) po pada 27 pasien (90%), serta lama penggunaan clopidogrel 5-8 hari.
2. Penggunaan clopidogrel terkait administrasi, dosis, frekuensi, dan lama penggunaan sudah sesuai dengan *guidelines* yang ada.

5.2 Saran

Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.

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