

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang telah dilakukan maka dapat diambil kesimpulan sebagai berikut.

1. Ekstrak air rimpang kunyit (*Curcuma domestica* Val.) memiliki potensi menghambat enzim HMG-KoA reduktase dengan $IC_{50} 45,77 \pm 1,57 \mu\text{g/mL}$.
2. Aktivitas hambat ekstrak air rimpang kunyit 30.000 kali lebih kecil dibandingkan simvastatin.
3. Jumlah kurkumin dan jumlah fenol memiliki korelasi yang linier dengan aktivitas hambat ekstrak air rimpang kunyit terhadap enzim HMG-KoA reduktase.

5.2 Saran

Berdasarkan hasil penelitian yang telah dilakukan, maka disarankan untuk dilakukan penelitian lebih lanjut mengenai kinetika inhibisi ekstrak air rimpang kunyit (kompetitif, unkompetitif, non kompetitif) dalam menghambat enzim HMG-KoA reduktase.

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