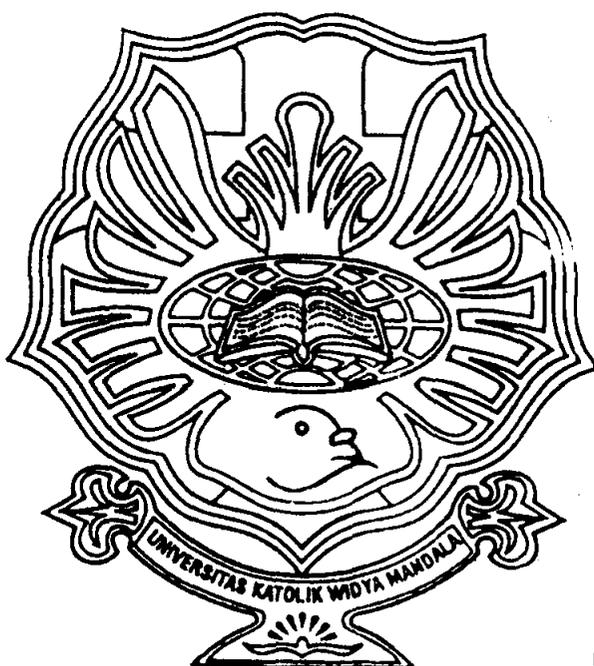


# INTERNAL AND EXTERNAL FACTORS AS CONSTRAINTS IN EFL BEGINNING SPEAKERS' ORAL COMMUNICATION

## A THESIS

In Partial Fulfillment of the Requirements  
for the Sarjana Pendidikan Degree in  
English Language Teaching



By :

R.F.X. AGUNG WIRAWAN KUSWORO

1213592117

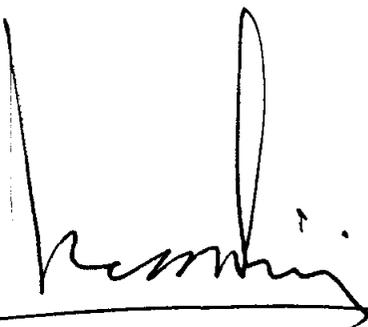
No. INDUK	2577/01
TGL. TERIMA	25.9.99
<del>B. F. I.</del> BADI H	
No. BUKU	FK-ig Kus i-1
KCP KE	1 (satu)

UNIVERSITAS KATOLIK WIDYA MANDALA SURABAYA  
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN  
JURUSAN PENDIDIKAN BAHASA DAN SENI  
PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS  
JULY, 1999

**APPROVAL SHEET**  
**(1)**

This thesis entitled INTERNAL AND EXTERNAL FACTORS AS  
CONSTRAINTS IN EFL BEGINNING SPEAKERS' ORAL  
COMMUNICATION \_\_\_\_\_

\_\_\_\_\_, prepared and submitted by R.F.X. Agung Wirawan  
Kusworo, and has been approved and accepted as a partial fulfillment of the  
requirements for the Sarjana Pendidikan Degree in English Language  
Teaching by the following advisors:

  
\_\_\_\_\_  
**Drs. M.P. Soetrisno, MA**  
*First Advisor*

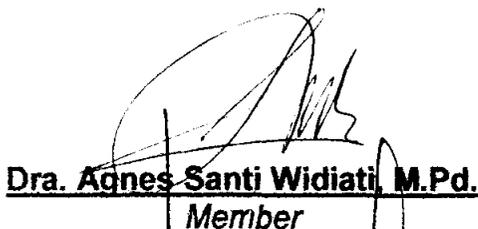
  
\_\_\_\_\_  
**Drs. B. Budiyo, M.Pd.**  
*Second Advisor*

## APPROVAL SHEET (2)

This thesis has been examined by the committee on Oral Examination  
with a grade of \_\_\_\_\_ on July 28th,  
1999.



**Drs. Y.G. Harto Pramono**  
Chairman



**Dra. Agnes Santi Widiati, M.Pd.**  
Member



**M.G. Retno Palupi, S.Pd.**  
Member

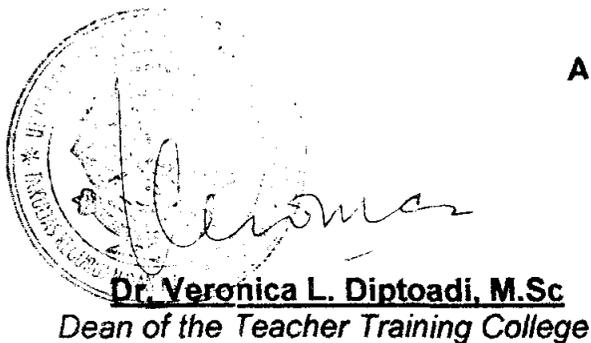


**Drs. M.P. Soetrisno, MA**  
Member

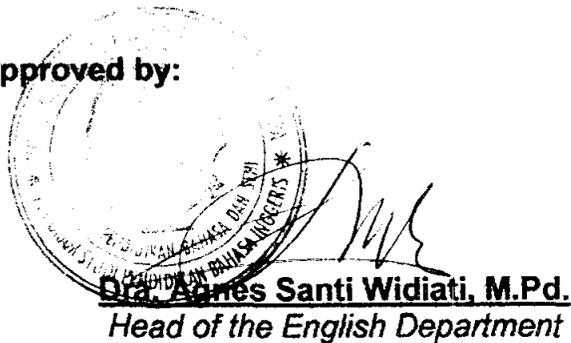


**Drs. B. Budiyo, M.Pd.**  
Member

Approved by:



**Dr. Veronica L. Diptoadi, M.Sc**  
Dean of the Teacher Training College



**Dra. Agnes Santi Widiati, M.Pd.**  
Head of the English Department

## **ACKNOWLEDGEMENT**

This thesis is completed with my full awareness that I could never have succeeded in finishing this without the help of others.

I owe immeasurable debts to all my lecturers who have given me this basic ability to finish my study at English Department.

I also thank Drs.M.P.Soetrisno M.A., as my first advisor and Drs. Bartolomeus Budiyono M.Pd., as my second advisor who have spent their valuable time reading this thesis draft and have patiently given their valuable guidance and suggestions during the completion of this thesis.

I also thank to Dra. Agnes Santi Widiati, M.Pd., the Head of the English Department, who has helped, encouraged, and motivated me to complete this thesis.

My appreciation also goes to the whole family, beloved parents, friends, and close friend whose kindness and understanding have supported me in finishing this thesis.

## Table of Content

APPROVAL SHEET	(1)	.....	I
APPROVAL SHEET	(2)	.....	II
ACKNOWLEDGEMENT		.....	III
TABLE OF CONTENT		.....	IV
ABSTRACT		.....	VI
CHAPTER	I	INTRODUCTION	1
		1.1. Background of the Study	1
		1.2. Statement of the Problem	6
		1.3. Objectives of the Study	7
		1.4. Significance of the Study	7
		1.5. Scope of Limitation	8
		1.6. Definition of Key Terms	8
		1.7. Methodology	9
		1.8. Organization of the Study	9
CHAPTER	II	COMMUNICATION AND LANGUAGE	11
		2.1. Language as a Means of Communication	12
		2.2. The Importance of Oral Communication or Spoken Language	15
		2.3. Oral or Spoken Language Competence	18
CHAPTER	III	INTERNAL AND EXTERNAL FACTORS WHICH AFFECT IN BEGINNING ENGLISH SPEAKERS' ORAL COMMUNICATION	22
		3.1. The Internal Factors	23
		3.1.1. Lack of Motivation	25
		3.1.2. No Self Confidence	28
		3.1.2.1. Fear to Make Mistake	30
		3.1.2.2. Anxiety	32

	3.1.2.3. Embarrassment	33
	3.1.2.4. Nervousness	35
	3.2. The External Factors	36
	3.2.1. Non English Speaking Surrounding	37
	3.2.2. Insufficient Time for Practice	38
CHAPTER	IV STRATEGIES TO COPE WITH THE CONSTRAINTS CAUSED BY INTERNAL AND EXTERNAL FACTORS	41
	4.1. Strategies for EFL Beginning Speaker	41
	4.1.1. The Internal Factors	41
	4.1.1.1. Coping Lack of Motivation	41
	4.1.1.2. Gaining Self Confidence	44
	4.1.1.3. Handling Anxiety, Embarrassment and Nervousness	45
	4.1.1.4. Overcoming Fear of Making Mistakes	47
	4.1.2. The External Factors	48
	4.1.2.1. English Speaking Surrounding	48
	4.1.2.1.1. Inside of the English Class	48
	4.1.2.1.2. Outside of the English Class	48
	4.1.2.2. Insufficient Time for Practice	49
	4.2. Strategies for EFL Teachers	50
CHAPTER	V CONCLUSION AND SUGGESTIONS	53
	5.1. Conclusion	53
	5.2. Suggestions	54

## BIBLIOGRAPHY

## ABSTRACT

Kusworo, R.F.X. Agung Wirawan, 1999, Internal and External Factors as Constraints in EFL Beginning Speakers' Oral Communication. Thesis, Program Study English Department, Teacher Training Faculty, Widya Mandala Catholic University.

Advisors: Drs. M.P. Soetrisno MA. & Drs. B. Budiyo, M.Pd.

Key words: Internal and External Factors, EFL Beginning Speakers.

For many years, people, in the whole world, make a mutual interaction to each other in order to satisfy their daily needs fulfillment such as getting a house, food, job etc. In addition, they also have a relationship with other for any purposes such to express their feeling, idea, information or thought. They can socialize with their surroundings and even the people from other countries.

Furthermore, in the process of interaction, people mostly use a language as a media to express anything in their mind. Language itself is a vehicle of transmitting ideas, thoughts and information in which they can in words, phrases or utterances. Thus, language usually interrelates with the term of communication. In other words, it can be said that communication can be a spoken language or speaking. So, it also is true that the use of spoken language or speaking in a real communication is the fastest way to express someone's idea, opinion, so on.

Here, in this study, the writer interest to analyze the speaking performance as he found that there are obstacles occurred when someone – EFL beginning speaker, begins to communicate orally. Ideally, someone who learns a foreign language means that he or she should be able to use it in a real communication at last. Yet EFL beginning speaker meet difficulties to express ideas, thoughts or opinions through words, phrases or even utterances, although they have already learnt about grammar, vocabularies etc.

He, then, proposes that the EFL beginning speaker's problems are both internal and external factors, which are able to affect the ability to perform to speak English. Both often appear and potentially being able to lead the EFL beginning speaker to meet their failure to speak English as a foreign language. The first will be defined as emotional feelings, which consist of being lack of motivation, no self-confidence supported by feeling of nervous, anxious, embarrass or shy, and fear to make mistake. While the next permits the influence of non-English speaking surrounding which is a supported factor to the successful speaking performance. Beside, insufficient time to practice to speak English is also considered as the external factor since the fluent of foreign language speaking is build by a lot of practice at the beginning of learning English.

In other words, he confirms that EFL beginning speakers should concern with these both internal and external problems although the mastery of language component is important too. The writer, then, will discuss those problems that are divided in general discussion. He will define each of internal and external factors that is mostly experienced by EFL beginning speaker. And, he will also present how those factors influence the EFL beginning speaker's speaking performance.

In another chapter, the writer tries to give solutions based on his investigation on theorists from some books or papers, journals who discussed about speaking as a topic. He also tries to give considerations for EFL teachers when they meet problems in their speaking classes.

Finally, the writer builds his conclusion of this study and asks whether there are other investigators who are interested to develop this study. Hopefully, there will be better discussion about internal and external factors as problems in a learning foreign language.