

BAB V

KESIMPULAN DAN SARAN

5.1 Kesimpulan

1. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Laktulosa Pada Pasien Sirosis dengan ensefalopati hepatic di Instalasi Rawat Inap Rumah Sakit Umum Daerah Kabupaten Sidoarjo periode 1 Januari 2015 sampai 31 Desember 2015 diperoleh kesimpulan sebagai berikut :
 - a. Penggunaan laktulosa tunggal sebanyak 15 pasien (50%)
 - b. Penggunaan kombinasi laktulosa dengan obat lain sebanyak 15 pasien (50%)
 - c. Penggunaan laktulosa 3 x CI sirup (PO) sebanyak 29 pasien (97%) dan laktulosa 3 x CII sirup (PO) sebanyak 1 pasien (3%).
2. Penggunaan laktulosa yang diberikan pada pasien sirosis dengan ensefalopati hepatic di Instalasi Rawat Inap Rumah Sakit Umum Daerah Kabupaten Sidoarjo, terkait dosis, rute, frekuensi, interval, dan lama pemberian sudah sesuai dengan *guidelines* yang ada.

5.2 Saran

Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.

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