

BAB 6

KESIMPULAN DAN SARAN

6.1 Kesimpulan

Berdasarkan hasil penelitian dan pembahasan di atas, didapatkan hasil adanya perbedaan status gizi pada anak dengan penyakit jantung bawaan sianotik dan asianotik, di mana status gizi anak dengan PJB sianotik lebih buruk.

6.2 Saran

1. Diperlukan penelitian lebih lanjut yang mencakup *food recall* anak dengan PJB.
2. Diperlukan penelitian lebih lanjut untuk mengetahui mekanisme PJB sampai terjadinya gangguan status gizi.
3. Diperlukan penelitian lebih lanjut mencakup tinggi badan orang tua dan *bone age* pasien.
4. Pemberian gizi pada anak PJB harus diperhatikan dengan baik.

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