

BAB 6

KESIMPULAN DAN SARAN

6.1 Kesimpulan

Berdasarkan hasil penelitian mengenai kualitas hidup pada mahasiswa yang menderita dermatitis seboroik di FK UKWMS periode bulan Agustus hingga September tahun 2016, didapatkan kesimpulan sebagai berikut:

1. Penderita dermatitis seboroik di FK UKWMS sebanyak 12 mahasiswa.
2. Pada hasil kuesioner Skindex-29 keseluruhan ditemukan seluruh subjek memiliki kualitas hidup ringan dengan nilai akhir ≥ 25 .
3. Predileksi dermatitis seboroik paling banyak ditemukan di daerah kulit kepala
4. Kualitas hidup mahasiswa yang menderita dermatitis seboroik di FK UKWMS masih baik.

6.2 Saran

1. Bagi Peneliti Selanjutnya

Peneliti selanjutnya dianjurkan untuk melakukan penelitian pada populasi dengan insiden dermatitis seboroik yang lebih besar atau lebih banyak. Penelitian yang lain juga dianjurkan pada populasi yang lebih luas lagi, tidak hanya pada satu Fakultas.

2. Bagi Masyarakat

Bagi masyarakat diharapkan dapat meningkatkan kewaspadaan terhadap tanda-tanda dermatitis seboroik dan melakukan pengobatan yang baik sehingga tidak mempengaruhi kualitas hidup.

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